Ministry of science and high education RF
Ulyanovsk State University

Form



F-Educational plan of the dicipline

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EDUCATIONAL PLAN

Discipline	Clinical pharmacology
Faculty	Medical faculty of T.Z. Biktimirov
Name of department	Therapy and occupational diseases
Course	6

Orientation (profile/speci	alty) not provided			
Form of training	full-time			
Date of introduction into	the academic proc	ess at Ulyan	ovsk State	University
«17 »05	2023			
Revised at the Department med	eting, Record No. 1	3 of 28 1	06 "	»2024
Revised at the Department med	eting, Record No.	of	((» 20
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Information about the authors:

Direction (specialty) 31.05.01 General medicine

Initials	Abbreviation of the department	Degree, scientific rank
Serov Valery Anatolievich	Therapy and occupational diseases	Professor of department TOD, M.D.

	Agreed					Agreed	
Head of department, developing discipline		Head of the graduating Department		g Department			
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1. OBJECTIVES AND AIM OF

Aim of the discipline:

Based on modern medical knowledge, to teach students the effective and safe choice of drugs for modern individualized pharmacotherapy using the latest information on pharmacokinetics (FC), pharmacodynamics (PD), pharmacogenetics (FG), interaction, adverse drug reactions (ADR) drugs (Dr) and provisions of evidence-based medicine (EM).

Objectives of discipline development:

- to present a complete system of theoretical foundations of clinical pharmacology; factors contributing to changes in metabolism, the action of drugs, increasing the risk of ADR;
- to consider ways of realization of compound questions of clinical pharmacology at patients;
 - a) study and evaluation of the physical parameters of drugs;
 - b) study and evaluation of PD effects of drugs;
 - c) assessment of potential drug-drug interactions;
- d) forecasting and assessment of ADR, the study of the order of their registration;
 - e) study of the relationship of FC and FD drugs;
- e) Study of factors contributing to changes in the action and metabolism of drugs, as well as factors that increase or reduce the risk of ADR;
- g) the study of the features of PD, FC drugs depending on the functional state of the biological system of the body (age, pregnancy, etc.).
 - h) study of phases of clinical research of new drugs, EM provisions;
- I) taking into account the formulary system, pharmacoepidemiology and results of pharmacoeconomical studies;

to choose the most effective, safe and affordable drug;

- determine the optimal dosing regimen, choose the correct method of administration, taking into account the FC and PD parameters of drugs, as well as age, sex and clinical condition of the patient;
- prescribe an effective and safe combination of drugs in a specific clinical situation:
 - predict and identify early side effects of drugs and carry out their correction;
- to determine adequate clinical and paraclinical parameters to control the effectiveness and safety of drugs used;
 - familiarize yourself with the methods of assessing the quality of life;
- to determine the most accessible and objective methods of control over the effectiveness and safety of the applied groups of drugs and the frequency of their application;
- to take into account the features of FC, FD drugs with insufficiency of the cardiovascular, respiratory systems, gastrointestinal tract, liver and kidneys.

1. PLACE OF THE SUBJECT IN THE STRUCTURE OF GEP:

Discipline "Clinical pharmacology" refers to the training cycle Base part B1.O.42.

The basic knowledge, skills and competencies of the student necessary for the study of the discipline are formed:

- in the study of disciplines of the humanitarian, social and economic cycle: philosophy, bioethics, history of medicine, psychology and pedagogy, law Latin language;
- in the study of disciplines of mathematical, natural science cycle: physics and mathematics; medical Informatics; chemistry; biology; biochemistry; human anatomy, topographic anatomy; pathological anatomy, clinical pathological anatomy; histology, embryology, Cytology; normal physiology; pathophysiology; Microbiology, Virology; pharmacology; immunology;

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- in the study of disciplines of the professional cycle: hygiene; public health and health care, health Economics; epidemiology; medical rehabilitation; propedeutics of internal diseases; faculty therapy; dermatovenerology; General surgery, surgical diseases; Pediatrics; radiation therapy and radiation diagnostics, infectious diseases, Phthisiopulmonology, polyclinic therapy, occupational diseases, ophthalmology, obstetrics and gynecology, otorhinolaryngology.

2. LIST OF EXPECTED RESULTS OF INSTRUCTION ON THE SUBJECT (UNIT), CORELATED WITH PLANNED RESULTS OF COMPLETING THE PROGRAM

The study of the subject «Clinical pharmacology» within the completion of the educational program is directed towards the formation of the following general and professional competences in students:

Code and name of the general	Code and name of the indicator of achievement of general		
professional competence	professional competence		
General professional	Know:		
competences – 3 (Capable of	- the state legal policy in the field of combating doping, the		
counteracting the use of doping in	problems of legal regulation and the need to regulate the		
sports and the fight against it)	fight against doping in the field of sports;		
	- features of anti-doping international and Russian anti-		
	doping legislation, consolidating the duties of athletes,		
	coaches and other personnel to comply with anti-doping		
	legislation, grounds and periods of temporary suspension,		
	the rights of a person suspected of violating anti-doping		
	legislation, sanctions for violation of anti-doping		
	legislation, the system of bodies operating in the field anti-		
	doping in sports, the system of doping dispute review		
	bodies;		
	Could:		
	- apply the norms of anti-doping legislation to solve		
	specific situations arising in the process of treating athletes;		
	- to apply the provisions of the International Convention on		
	the Suppression of Doping, the World Anti-Doping Code,		
	the Constitution of the Russian Federation, the All-Russian		
	Anti-Doping Rules, International Standards in the field of		
	anti-doping rules;		
	Own:		
	- methods of control over the use of medicines, taking into		
	account anti-doping legislation,		
	- the skills of drug treatment of people involved in sports.		
General professional	Know:		
competences – 7 (Able to prescribe	• group affiliation and PD of the main groups of		
treatment and monitor its	drugs-a type of pharmacological action of drugs		
effectiveness and safety)	through the receptor by indirectly changing the		
	effect of an endogenous antagonist, by inhibiting		
	transport processes, enzymes and other mixed		
	effects;		
	 the concept of stereoisomerism; 		
	characteristics of the main functional parameters of		

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drugs, their dynamics, dosing regimen in various pathologies, as well as in newborns, children and the elderly, during pregnancy and lactation, depending on the nature of the disease and the functional state of the patient's body, the presence of bad habits, phenotype and genotype of metabolic pathways;

- basic principles of scientific research and monitoring of drug concentration; study of pharmaceutical interaction of drugs;
- features of dosage of drugs taking into account chronobiology and chronopharmacology;
- principles of mathematical modeling for the choice of dosage regimen drugs;
- methods of evaluation of clinical efficacy and safety of the main groups of drugs;
- basic ADR of the most common drugs, their identification, classification and registration, methods of prevention and correction;
- fundamentals of the formulary system and standards of diagnosis and treatment of the most common diseases:
- the provisions of the EM and its levels;
- phases of clinical research of new drugs;
- interrelation of FC, PD, clinical efficacy and safety of Dr in patients with different stages of lesions of the main functional systems.

Could:

- to observe the rules of medical ethics and deontology; to solve a set of problems related to the relationship between the doctor and the patient;
 - analyze the results of the study PK / PD of drugs;
 - choose the necessary set of research methods to assess the PD effects of drugs and interpret the data; choose methods of adequate control over the effectiveness and safety of treatment and predict the risk of side effects of drugs;
 - conduct adequate selection and prescribe the most effective and safe drugs;
 - determine the optimal dosing regimen; choose the dosage form of the drug, dose, frequency and duration of administration of drugs depending on the timing of pregnancy, lactation; conducting pharmacological tests to assess individual sensitivity to drugs;
 - be able to identify ADR in the appointment of the most common drugs, classify, register and

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offer ways to prevent and correct them;

- be able to read, understand and evaluate clinical trial protocols of new drugs;
- choose drugs for the formation of the drug formulary;
- be able to use educational scientific, normative and reference literature;
- be able to solve situational problems, tests and conduct an expert assessment of the correctness of the choice, effectiveness and safety of the use of drugs in a particular patient;
- have an idea about the impact of drugs on the parameters of quality of life;
- be able to collect pharmacological and allergological history.

Own:

- a select group of drugs;
- the choice of a specific drug taking into account the individual PD and FC, the mechanism of action of drugs, known ADR and possible interaction with the concomitant appointment of other drugs;
- choice of dosage form, dose and route of administration of drugs, dosing regimens (multiplicity, dependence on food intake and other drugs);
- predicting the risk of developing nlrh;
- justification of the possibility and necessity of the combined appointment of drugs;
- compliance with the rules of medical ethics and deontology;
- selection of methods for adequate control of the effectiveness and safety of treatment;
- dosing regimen, especially the choice of drugs depending on the timing of pregnancy, lactation;
- conducting pharmacological tests to assess individual sensitivity to drugs.

3. Volume of the subject

- 4.1. Volume of the subject in credit points (total): 3 credit points.
- 4.2. On types of academic workload (in hours): 108.

	Number of hours (form of education full-time		
Type of academic work	Total according	Including on semesters	
	to the plan	№ semester B	
1	2	3	
Work of students with a teacher	58/ 58*	58/ 58*	

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Classes:	58/ 58*	58/ 58*
lectures	12/ 12*	12/ 12*
practical classes and seminars	46/46*	46/46*
lab classes (practical lessons)	-	-
Self-study work	50	50
Concurrent control (number and type: a test, a colloquium, a report)	-	-
Course paper	-	-
Types of intermediate attestation (examination, test)	Test	Test
Total number of hours on the subject	108/ 58*	108/ 58*

^{*} If it is necessary to use partially / exclusively distance educational technologies in the educational process in the table, through a slash, the number of hours of work of teaching staff with students for conducting classes in a distance format using distance learning is indicated.

4.3. Contents of the discipline (module). Distribution of hours on themes and kinds of study: Number of hours 108 h

The form of training: full time

				Activity form	nat		
		Clas	sroom stu	ıdies			Form
Name of sections and themes	Total	lect.	pract.c	Laborato ry work	Interac tive classes	Sel f- stu dy wo rk	of current control
1	2	3	4	5	6	7	8
			ons of clinica	al pharmacology			
Title of the topic: General issues of clinical pharmacology. The value of FC and FD for rational choice of drugs. The main pharmacokinet ic processes and parameters, their clinical significance. Therapeutic drug monitoring.	8/2*	2/ 2*	-	-	-	6	individua l survey, written testing, interview on situation al tasks

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2	Topic name: Drug	8/2*	2/2*	-	-	-	6	Written testing
	interactions.							testing
	Possibilities of							
	rational							
	combination							
	of drugs.							
	Undesirable effects of							
	effects of drugs.							
3	Topic name:	8/2*	2/ 2*	_	_	_	6	Written
3	Formulary	0/ 2	2/ 2		_			testing
	system.							
	Farma-							
	oeconomica.							
	Evidence-							
	based							
	medicine.	Section	2. Private issue	s of clinical a	harmacology			
4	Topic name:	8/ 8*	2. Filvate issue 2/ 2*	6/6*		_	_	individu
7	Clinical	0/ 0	2/ 2	0/ 0	_		_	1 surve
	pharmacology							written
	of							testing,
	antimicrobial							intervie
	agents.							on
	Clinical and							situation
	pharmacologic							al tasks
	al principles of the choice of							
	antibacterial							
	drugs							
5	Title of the	8/8*	2/ 2*	6/6*	-	-	-	individu
	topic: Clinical							1 surve
	pharmacology							written
	of drugs							testing,
	affecting bronchial							intervie
	conductivity.							on situation
	conductivity.							al tasks
6	Title of the	8/8*	2/ 2*	6/6*	_	-	_	individu
	topic: Clinical			J, J				1 surve
	pharmacology							written
	of agents							testing,
	affecting							intervie
	vascular tone.							on
								situation
7	Title of the	8/8*	2/ 2*	6/ 6*	_	_	_	al tasks individu
/	topic: Clinical	0/0	21 Z ·	0/ 0 -	_	_	-	1 surve
	pharmacology							written
	of drugs							testing,
	affecting the							intervie
	main functions							on
	of the							situation
	myocardium.	Z 1 Z 11.		61.60				al tasks
8	Title of the	6/6*	-	6/6*	-	-	-	individu
	topic: Clinical pharmacology							1 surve written
	of agents							testing,
	or agents		<u> </u>	7	<u> </u>	i	l	woung,

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	affecting hemostasis and hematopoiesis. The preparations of iron.							interview on situation al tasks
9	Title of the topic: Clinical pharmacology of drugs used in endocrinology .	12/4*	-	4/ 4*	-	-	8	individua l survey, written testing, interview on situation al tasks
10	Title of the topic: Clinical pharmacology of drugs used in diseases of the digestive system.	12/4*	-	4/4*	-	-	8	individua l survey, written testing, interview on situation al tasks
11	Title of the topic: Clinical pharmacology of steroid and non-steroidal anti-inflammatory drugs.	12/ 4*	-	4/ 4*	-	-	8	individua l survey, written testing, interview on situation al tasks
12	Title of the topic: Clinical pharmacology of psychotropic drugs and vitamins. Test.	12/ 4*	-	4/ 4*	-	-	8	individua 1 survey, written testing, interview on situation al tasks
	Total	108/ 58*	12/ 12*	46/46*	-	-	50	Test.

*If it is necessary to use partially or exclusively distance learning technologies in the educational process, it should be noted that the total number of hours (c.u.) set by the Department of discipline/specialty for each discipline/practice remains unchanged and is implemented in full. In this case, in the corresponding section of the educational program the total number of hours of work with students in accordance with the educational plan is allocated and the number of hours for conducting classes in a remote format using e-learning (online courses, lectures and seminars in videoconference mode, virtual practical classes, laboratory work in the form of virtual analogues, calculation and graphic works, individual tasks in the electronic information and educational environment, etc.) Training and industrial practice for all areas of discipline/specialties of all forms of training can be partially or fully implemented in a remote format.

5. COURSE CONTENT

Section 1. General questions of clinical pharmacology

Topic 1. General questions of clinical pharmacology. The value of pharmacokinetics (FC) and

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pharmacodynamics (PD) for rational choice of drugs. Main pharmacokinetic processes and parameters, their clinical significance. Therapeutic drug monitoring.

The content of the topic:

Subject, objectives and basic concepts of clinical pharmacology (CF). Modern methods of evaluating the effectiveness and safety of drugs. Principles of evidence-based medicine. The concept of a Formulary system of drug use. The algorithm of rational prescription of medicines. FC value to select the drug and determine the dosing mode. Features of FC in different age periods. Features of FC drugs in the pathology of the respiratory system, gastrointestinal tract, blood circulation, liver and kidneys. Methodology and phases of clinical research of new drugs. Modern methods of clinical trials of drugs, the concept of controlled clinical trials. FD Dr. Definitions of PD, receptors, messengers, mechanism of action, selectivity, stereoisomers, total and partial agonists and antagonists. Modern methods of assessing the action of drugs, requirements for them. The importance of pharmacological samples in the choice of drugs and the determination of the rational mode of dosing. The value of monitoring the effect of drugs. Relationship between FC and FD. Features of FD in different periods. International Convention Against Doping and World Anti-Doping Code.

Topic 2. Drug interaction. Possibilities of rational combination of drugs. Undesirable effects of drugs.

The content of the topic:

Drug interactions. The nature of the interaction of drugs (pharmacokinetic, pharmacodynamic, physiological). Clinical characteristics of manifestations of drug interaction. Principles of rational combination of drugs. Side effects, methods of their detection, prevention and correction. Clinical types of side effects in the patient (pharmacodynamic, toxic, allergic, mutagenic, paramedic). Mechanisms of occurrence and methods of forecasting the possible development of side effects. Dependence of side effects of drugs on the route of administration, dose, duration of the course of their application. Dependence of manifestations of side effects of drugs on age. Features of side effects of drugs on the fetus and newborn. Principles of correction of side effects.

Topic 3. The formulary system. Pharmacoeconomics. Demonstrative medicine.

The content of the topic:

The law on medicines. The place of the Pharmacological Committee and the Ministry of health of the Russian Federation in the treatment of drugs. Types of drug names. Pharmacoepidemiology, pharmacoeconomics, their content and purpose. The concept of a formulary system. The concept of evidence-based medicine, its main provisions.

Section 2. Private issues of clinical pharmacology

Topic 4. Clinical pharmacology of antimicrobial agents.

The content of the topic:

Principles of rational choice and determination of antimicrobial dosing regimen depending on the type of pathogen, its sensitivity, localization of inflammation, mechanism and spectrum of action of antimicrobial preparation, peculiarities of microbial resistance formation, peculiarities of antimicrobial preparations use in gastrointestinal tract pathology, organs of metabolism and excretion. Methods for evaluating the effectiveness and safety of antimicrobials. Diagnosis, correction and prevention of adverse reactions. Principles of selection of antibacterial drugs for children depending on age, toxicity, tolerability.

Topic 5. Clinical pharmacology of agents affecting bronchial conductivity.

The content of the topic:

Xanthine derivatives, M-choline blockers, adrenostimulants. Expectorant. Mast cell stabilizers, leukotriene receptor inhibitors, antihistamines. Principles of drug selection, determination of routes of administration and rational dosing regimen taking into account the reversibility of

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airway obstruction, the degree and level of bronchospasm, the amount and viscosity of sputum, the presence of intolerance, allergic component, these factors, as well as factors that change the sensitivity to the drug. Methods of efficiency and safety assessment. Diagnosis, correction and prevention of adverse reactions. The concept of compliance. Features of the treatment of broncho-obstructive syndrome in athletes.

Topic 6. Clinical pharmacology of agents affecting vascular tone.

The content of the topic:

Vasoconstrictors. Agonists of the Central β -adrenergic receptors. Ganglioplegics. Angiotensin converting enzyme inhibitors. Angiotensin II receptor antagonists. Blockers of "slow" calcium tubules. β -adrenoblockers. The choice of the drug, the dosage regimen (taking into account its pharmacodynamic, pharmacokinetic features, the severity of the disease, the presence of comorbidities, the state of excretion and metabolism, the effect of the drug on myocardial contractility, total peripheral vascular resistance, peripheral vascular condition). Withdrawal syndrome. Features of the treatment of cardiovascular pathology in athletes.

Topic 7. Clinical pharmacology of drugs affecting the main functions of the myocardium. The content of the topic:

Cardiac glycoside. Selection of cardiac glycoside, its dosing regimen and route of administration. Clinical pharmacology of antiarrhythmic drugs. Choice of antiarrhythmic agent, its dosing regimen and method of administration.

Topic 8. Clinical pharmacology of agents affecting hemostasis and hematopoiesis. Iron preparation.

The content of the topic:

Anticoagulants. Fibrinolytic agents. Agents that increase blood clotting; fibrinolysis inhibitors, drugs that reduce platelet and erythrocyte aggregation. Preparations of iron and folic acid. Principles of selection and determination of dosing regimen. Diagnosis, correction and prevention of NLR. The use of drugs affecting hematopoiesis in athletes.

Topic 9. Clinical pharmacology of drugs used in endocrinology.

The content of the topic:

Clinical pharmacology of hypoglycemic drugs affecting thyroid function. Clinical and pharmacological approaches to the selection of groups and specific drugs for pharmacotherapy of diabetes mellitus, Hypo-and hyperfunction of the thyroid gland. Oral hypoglycemic agents. Insulins. Therapy of emergency conditions in endocrinology. Features of the use of hormonal drugs in athletes.

Topic 10. Clinical pharmacology of drugs used in diseases of the digestive system.

The content of the topic:

Drugs that reduce the secretion of digestive. Anorexigenic drugs. Antacids. Antiemetic drugs. Indications for use. Choleretic and cholekinetic. Hepatoprotectors. Means that change the motility of the gastrointestinal tract. Antispasmodics, laxatives. Antibacterial, enzyme preparations, sorbents. Principles of drug selection, determination of routes of administration and rational dosing regimen. Methods of efficiency and safety assessment. Diagnosis, correction and prevention of adverse reactions. Standards of pharmacotherapy in gastroenterology.

Topic 11. Clinical pharmacology of steroid and nonsteroidal anti-inflammatory drugs.

The content of the topic:

Glucocorticoids are systemic and inhaled, nonsteroidal anti-inflammatory drugs. Selective inhibitors of cyclooxygenase-2 (meloxicam, nimalasuriya). Principles of selection and determination of the dosing regimen of anti-inflammatory drugs (mechanism of action, metabolism and excretion from the body, features of the inflammatory process: localization, intensity, generalization of the process, the state of the gastrointestinal tract, circulatory

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system). Methods of efficiency and safety assessment. Diagnosis, correction and prevention of adverse reactions. The use of steroid and non-steroidal anti-inflammatory drugs in athletes.

Topic 12. Clinical pharmacology of psychotropic drugs and vitamins.

The content of the topic:

Indications and principles of choice, determination of dosage regimen of psychotropic drugs depending on the mechanism of action, metabolism and excretion from the body, features of mental status, age characteristics; interaction with other drugs. Methods of efficiency and safety assessment. Diagnosis, correction and prevention of NLR. Principles of rational choice and determination of vitamin dosing regimen. Indications for use. Methods of efficiency assessment.

6. TOPICS OF PRACTICAL CLASSES AND SEMINARS (FOR DISCUSSING AND SELF-PREPARING OF STUDENTS)

Section 2. Private issues of clinical pharmacology

Topic 4. Clinical pharmacology of antimicrobial agents. Clinical and pharmacological principles of selection of antibacterial drugs.

The purpose of the seminar: Based on modern medical knowledge, to teach students the effective and safe choice of antimicrobial drugs for modern individualized pharmacotherapy using the provisions of evidence-based medicine (EM).

The contents of the seminar:

The study of the principles of rational choice and determination of antimicrobial dosing regimen depending on the type of pathogen, its sensitivity, localization of inflammation, mechanism and spectrum of antimicrobial drug, the formation of microbial resistance, the age of the child, the characteristics of the use of antimicrobial drugs in the pathology of the gastrointestinal tract, organs of metabolism and excretion, methods for assessing the effectiveness and safety of antimicrobial drugs.

Results of the seminar.

Acquisition by students of skills of use of antimicrobial medicines.

Topic 5. Clinical pharmacology of agents affecting bronchial conductivity.

The contents of the seminar:

The study of the features of the use of drugs for the relief of bronchospastic syndrome, expectorants and antihistamines, mast cell stabilizers, leukotriene receptor inhibitors. Mastering the principles of drug selection, determining the ways of administration and rational dosing regimen taking into account the reversibility of airway obstruction, the degree and level of bronchospasm, the amount and viscosity of sputum, the presence of intolerance, allergic component, these factors, as well as factors that change the sensitivity to the drug. Methods for assessing the effectiveness and safety, diagnosis, correction and prevention of adverse reactions.

Results of the seminar.

Students acquire skills of drug therapy in the treatment of diseases of the broncho-pulmonary system.

Topic 6. Clinical pharmacology of agents affecting vascular tone.

The contents of the seminar:

The study of the features of the use of drugs that affect vascular tone: agonists of Central β - adrenoreceptors, inhibitors of angiotensin converting enzyme, antagonists of angiotensin II receptors, blockers of "slow" calcium tubules, β - adrenoblockers.

Results of the seminar.

Acquisition by students of skills of medical therapy of a syndrome of arterial hypertension, a

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collapse, ischemic heart disease.

Topic 7. Clinical pharmacology of drugs affecting the main functions of the myocardium.

The contents of the seminar:

The study of the features of the use of drugs that affect the main functions of the myocardium: cardiac glycosides, antiarrhythmic drugs. Principles of choice of antiarrhythmic agent, its dosing regimen and method of administration.

Results of the seminar.

Acquisition by students of skills of medical therapy of acute and chronic heart failure, arrhythmias.

Topic 8. Clinical pharmacology of agents affecting hemostasis and hematopoiesis. Iron preparation.

The contents of the seminar:

The study of the features of the use of drugs that affect hemostasis and hematopoiesis: anticoagulants, fibrinolytic agents, drugs that reduce platelet and erythrocyte aggregation, agents that increase blood clotting. Features of the use of drugs used to treat anemia: iron preparations, vitamin B12 and folic acid.

Results of the seminar.

Acquisition of skills of medical therapy of thrombophilia, hemorrhagic syndrome, anemia by students.

Topic 9. Clinical pharmacology of drugs used in endocrinology.

The contents of the seminar:

The study of the features of the use of drugs used for

treatment of disorders of carbohydrate metabolism and affecting the function of the thyroid gland: insulins, biguanides, sulfonylureas, meglitinides, thiazolidinediones, incretins, drugs that reduce the absorption of carbohydrates in the gastrointestinal tract, thyroid hormones, thyrostatics.

Results of the seminar.

Acquisition of skills of medical therapy of Hypo - and hyperglycemia, Hypo - and hyperthyroidism by students.

Topic 10. Clinical pharmacology of drugs used in diseases of the digestive system.

The contents of the seminar:

The study of the features of the use of drugs used for the treatment of diseases of the digestive tract: antacids, M-holinoblokatorov, proton pump blockers, antispasmodics, antiemetics, choleretics and cholekinetics, prokinetics, hepatoprotectors, laxatives, enzyme preparations. Principles of drug selection, determination of routes of administration and rational dosing regimen. Methods of efficiency and safety assessment. Diagnosis, correction and prevention of adverse reactions. Standards of pharmacotherapy in gastroenterology.

Results of the seminar.

Acquisition of skills of medical therapy of gastroenterological diseases by students.

Topic 11. Clinical pharmacology of steroid and nonsteroidal anti-inflammatory drugs. Features of application in Pediatrics.

The contents of the seminar:

Study of the use of systemic and inhaled glucocorticoids, nonsteroidal anti-inflammatory drugs. Principles of selection and determination of the dosing regimen of anti-inflammatory drugs (mechanism of action, metabolism and excretion from the body, features of the inflammatory process: localization, intensity, generalization of the process, the state of the gastrointestinal tract, circulatory system). Methods of efficiency and safety assessment. Diagnosis, correction and prevention of adverse reactions.

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Students acquire skills in the use of glucocorticoids and non-steroidal anti-inflammatory drugs. **Topic 12.** Clinical pharmacology of psychotropic drugs and vitamins.

The contents of the seminar:

The study of the features of the use of psychotropic drugs depending on the mechanism of action, metabolism and excretion from the body, the characteristics of mental status, age characteristics; interaction with other drugs. Methods of efficiency and safety assessment. Diagnosis, correction and prevention of ADR. Principles of rational choice and determination of vitamin dosing regimen. Indications for use. Methods of efficiency assessment. Results of the seminar.

Acquisition by students of skills of use of psychotropic means and vitamins.

7. LABORATORY CLASSES

Not provided by the curriculum and work plans.

8. SUBJECTS OF COURSE PAPERS, TESTS, ESSAYS

The curriculum does not provide.

9. QUESTIONS FOR EXAM ON DISCIPLINE "CLINICAL PHARMACOLOGY"

- 1. Basic concepts of pharmacokinetics. The importance of pharmacokinetics and pharmacodynamics of drugs in determining treatment tactics.
- 2. Antibiotics: definition, classification, principles of rational use of antibacterial drugs, criteria for monitoring the effectiveness and safety of use.
- 3. Agiotensin converting enzyme inhibitors: pharmacokinetics, pharmacodynamics, classification, indications for use, side effects, criteria for monitoring the effectiveness and safety of use.
- 4. Direct anticoagulants: pharmacokinetics, pharmacodynamics, classification, indications for use, side effects, criteria for monitoring the effectiveness and safety of use.
- 5. Proton pump blockers: pharmacokinetics, pharmacodynamics, classification, indications for use, side effects, criteria for monitoring the effectiveness and safety of use.
- 6. The main groups of bronchodilators. Modern approaches to the tactics of drug therapy of bronchial asthma.
- 7. The main groups of hypoglycemic drugs. Modern approaches to the tactics of drug therapy of diabetes.
- 8. Antiarrhythmic drugs: pharmacokinetics, pharmacodynamics, classification, indications for use, side effects, criteria for monitoring the effectiveness and safety of use.
- 9. Nonsteroidal anti-inflammatory drugs: pharmacokinetics, pharmacodynamics, classification, indications for use, side effects, criteria for monitoring the effectiveness and safety of use.

10. SELF-STUDY WORK OF STUDENTS

№	Name of the section / subject	Types of SSW	Total	Current
			number	control
			of hours	
1	Title of the topic: General	study of educational	6	testing
	questions of clinical	material		
	pharmacology. The value of FC			
	and FD for rational choice of			
	drugs. Main pharmacokinetic			

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	processes and parameters, their clinical significance.					
2	Title of the topic: Drug interactions. Possibilities of rational combination of drugs. Undesirable effects of drugs.	study material	of	educational	6	testing
3	Title of the topic: Formulary system. Pharmacoeconomics. Demonstrative medicine.	study material	of	educational	6	testing
4	Title of the topic: Clinical pharmacology of drugs used in endocrinology.	study material	of	educational	8	testing
5	Title of the topic: Clinical pharmacology of drugs used in diseases of the digestive system.	study material	of	educational	8	testing
6	Title of the topic: Clinical pharmacology of steroid and non-steroidal anti-inflammatory drugs.	study material	of	educational	8	testing
7	Title of the topic: Clinical pharmacology of psychotropic drugs and vitamins.	study material	of	educational	8	Testing



F-Educational plan of the discipline

11. EDUCATIONAL-METHODICAL AND INFORMATION SUPPORT OF DISCIPLINE

Клиническая фармакология

a) List of recommended literature

Main literature:

1 Alyautdin, R. N. Pharmacology. Illustrated textbook / ed. R. N. Alyautdin. - Москва: ГЭОТАР-Медиа, 2020. - 312 с. - ISBN 978-5-9704-5665-1. - Текст: электронный // ЭБС "Консультант студента": [сайт]. - URL: https://www.studentlibrary.ru/book/ISBN9785970456651.html

2 Kharkevitch, D. A. Pharmacology: Textbook / Translation of Russian textbook, 12th edition, revised and improved. - М.: ГЭОТАР-Медиа, 2019. - 2nd edition. - 680 pages with illustrations. - 680 с. - ISBN 978-5-9704-4985-1. - Текст: электронный // ЭБС "Консультант студента": [сайт]. - URL: https://www.studentlibrary.ru/book/ISBN 9785970449851.html

Additional literature:

- 1 Еникеева, Д. А. Pharmacology. Part 1. Workbook / Еникеева Д. А., Бондарчук Н. Г., Аляутдин Р. Н., Фисенко В. П. Москва: ГЭОТАР-Медиа, 2021. 264 с. ISBN 978-5-9704-6202-7. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970462027.html
- 2 Mazurova, O. V. Pharmacology: guidelines for practical classes for foreign students. Part 1 / O. V. Mazurova, A. N. Sapoznikov, M. P. Markevich; Ulyanovsk State University, Insitute of Medicine, Ecology and Physical culture. 2nd edition. Электрон. текстовые дан. (1 файл: 1,07 Mб). Ulyanovsk: UlSU, 2020. 76 p. На англ. яз. URL: https://portal.ulsu.ru/course/view.php?id=87537. Режим доступа: Портал ЭИОС УлГУ. -Загл. с экрана. Текст: электронный.
- 3 Kogay, L. V. Pharmacology: practical manual : учебное пособие / L. V. Kogay, O. E. Vaizova, A. I. Vengerovsky. Томск : СибГМУ, 2019. 230 с. Текст : электронный // Лань : электронно-библиотечная система. URL: https://e.lanbook.com/book/276260
- 4 Klets, O. P. Pharmacology. Workshop practice: учебное пособие / O. P. Klets, O. V. Antipina. Иркутск: ИГМУ, 2019. 47 с. Текст: электронный // Лань: электронно-библиотечная система. URL: https://e.lanbook.com/book/158778

c) Educational and methodical literature

1. Serov V. A. Educational and methodological guidelines for the organization of independent work of students in the discipline «Clinical pharmacology" for the specialty 31.05.01 «General medicine» / V. A. Serov; Ulyanovsk State University. - Ulyanovsk : UISU, 2022. - 12 р. - Неопубликованный ресурс; На англ. яз. - URL: http://lib.ulsu.ru/MegaPro/Download/MObject/11574 . - Режим доступа: ЭБС УлГУ. - Текст : электронный.

AGREED:

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The position of the worker scientific library Full name signature data

b) Software

1) OS: Windows

2) Antivirus: DrWeb

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Form



F-Educational plan of the discipline

- 3) Office Suite: Microsoft Office
- d) Professed data base, directory and search systems:

Профессиональные базы данных, информационно-справочные системы

1. Электронно-библиотечные системы:

- 1.1. Цифровой образовательный ресурс IPRsmart : электронно-библиотечная система : сайт / ООО Компания «Ай Пи Ар Медиа». Саратов, [2023]. URL: http://www.iprbookshop.ru. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.2. Образовательная платформа ЮРАЙТ: образовательный ресурс, электронная библиотека: сайт / ООО Электронное издательство «ЮРАЙТ». Москва, [2023]. URL: https://urait.ru. Режим доступа: для зарегистрир. пользователей. Текст: электронный.
- 1.3. База данных «Электронная библиотека технического ВУЗа (ЭБС «Консультант студента») : электронно-библиотечная система : сайт / ООО «Политехресурс». Москва, [2023]. URL: https://www.studentlibrary.ru/cgi-bin/mb4x. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.4. Консультант врача. Электронная медицинская библиотека : база данных : сайт / ООО «Высшая школа организации и управления здравоохранением-Комплексный медицинский консалтинг». Москва, [2023]. URL: https://www.rosmedlib.ru. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.5. Большая медицинская библиотека : электронно-библиотечная система : сайт / OOO «Букап». Томск, [2023]. URL: https://www.books-up.ru/ru/library/. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.6. ЭБС Лань: электронно-библиотечная система: сайт / ООО ЭБС «Лань». Санкт-Петербург, [2023]. URL: https://e.lanbook.com. Режим доступа: для зарегистрир. пользователей. Текст: электронный.
- 1.7. ЭБС Znanium.com : электронно-библиотечная система : сайт / ООО «Знаниум». Москва, [2023]. URL: http://znanium.com . Режим доступа : для зарегистрир. пользователей. Текст : электронный.
- **2. КонсультантПлюс** [Электронный ресурс]: справочная правовая система. / ООО «Консультант Плюс» Электрон. дан. Москва : КонсультантПлюс, [2023].

3. Базы данных периодических изданий:

- 3.1. eLIBRARY.RU: научная электронная библиотека : сайт / ООО «Научная Электронная Библиотека». Москва, [2023]. URL: http://elibrary.ru. Режим доступа : для авториз. пользователей. Текст : электронный
- 3.2. Электронная библиотека «Издательского дома «Гребенников» (Grebinnikon) : электронная библиотека / ООО ИД «Гребенников». Москва, [2023]. URL: https://id2.action-media.ru/Personal/Products. Режим доступа : для авториз. пользователей. Текст : электронный.
- **4.** Федеральная государственная информационная система «Национальная электронная библиотека» : электронная библиотека : сайт / ФГБУ РГБ. Москва, [2023]. URL: https://нэб.рф. Режим доступа : для пользователей научной библиотеки. Текст : электронный.
- 5. Российское образование : федеральный портал / учредитель ФГАУ «ФИЦТО». URL: http://www.edu.ru. Текст : электронный.
- **6.** Электронная библиотечная система УлГУ: модуль «Электронная библиотека» АБИС Mera-ПРО / ООО «Дата Экспресс». URL: http://lib.ulsu.ru/MegaPro/Web. Режим доступа: для пользователей научной библиотеки. Текст: электронный.

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F-Educational plan of the discipline

11. EDUCATIONAL AND METHODICAL AND INFORMATION SUPPORT OF DISCIPLINE

- basic literature
- additional literature
- educational and methodical materials (methodical developments, manuals, etc.)
- normative documents (standard program, curriculum)
- tables by sections (40)
- slides, filmstrips, movies (150)
- training stands
- apparatus for measuring blood pressure, ECG apparatus.
- device for daily monitoring of blood pressure,

12. SPECIAL CONDITIONS FOR STUDENTS WITH DISABILITIES

Training students with disabilities is carried out taking into account the peculiarities of psychophysical development, individual capabilities and health of such students. Education of students with disabilities can be organized in conjunction with other students, and separately. If necessary, students from among persons with disabilities (at the request of the student) may be offered one of the following options for the perception of information, taking into account their individual psychophysical characteristics:

- for persons with visual impairment: in printed form in large print; in the form of an electronic document; in the form of an audio file (translation of educational materials into audio format); in printed form in Braille; individual consultations with the involvement of a tiflosurdoperevodchika; individual tasks and consultations.
- for persons with hearing impairment: in printed form; in the form of an electronic document;
 video materials with subtitles; individual consultations with the assistance of a sign language interpreter; individual tasks and consultations.
- for persons with musculoskeletal disorders: in printed form; in the form of an electronic document; in the form of an audio file; individual tasks and consultations."

Developer Signature position full name

Ministry of science and high education RF Ulyanovsk State University	Form	O
F-Educational plan of the discipline		

LIST OF CHANGES of

Educational plan of discipline "Clinical pharmacology"

Speciality 31.05.01. «General medicine»

N	Content of the change or a link to the attached text of the	Full name of the head of the Department developing the discipline	Signature	Date
1	Introduction of changes to item C) Professional databases, information and reference systems item 11 "Educational, methodological and information support of the discipline" with the design of Appendix 1		Ger	16.05.2024
2	Introduction of changes to item A) Recommended Literature item 11 "Educational, methodological and information support of the discipline" with the design of Appendix 2	Shutov A.M.	Ger	16.05.2024

Appendix 1

11. EDUCATIONAL-METHODICAL AND INFORMATION SUPPORT OF DISCIPLINE

a) List of recommended literature

Main literature:

- 1 Alyautdin, R. N. Pharmacology. Illustrated textbook / ed. R. N. Alyautdin. Москва : ГЭОТАР-Медиа, 2020. 312 с. ISBN 978-5-9704-5665-1. Текст : электронный // ЭБС "Консультант студента" : [сайт]. URL : https://www.studentlibrary.ru/book/ISBN9785970456651.html
- 2 Kharkevitch, D. A. Pharmacology: Textbook / Translation of Russian textbook, 12th edition, revised and improved. М.: ГЭОТАР-Медиа, 2019. 2nd edition. 680 pages with illustrations. 680 c. ISBN 978-5-9704-4985-1. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970449851.html
- 3. Clinical pharmacology of antibacterial drugs : учебное пособие / М. V. Stolbova, I. S. Mitrofanova, T. V. Chernysheva [и др.]. Оренбург : ОрГМУ, 2020. 108 с. Текст : электронный // Лань : электронно-библиотечная система. URL: https://e.lanbook.com/book/257978

Additional literature:

- 1 Еникеева, Д. А. Pharmacology. Part 1. Workbook / Еникеева Д. А., Бондарчук Н. Г., Аляутдин Р. Н., Фисенко В. П. Москва: ГЭОТАР-Медиа, 2021. 264 с. ISBN 978-5-9704-6202-7. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970462027.html
- 2 Kogay L. V. Pharmacology: practical manual / L. V. Kogay, O. E. Vaizova, A. I. Vengerovsky. Томск : Издательство СибГМУ, 2019. 230 с. Текст : электронный // ЭБС

Ministry of science and high education RF Ulyanovsk State University	Form		
F-Educational plan of the discipline			
"Букап" : [сайт] URL : <u>https://</u> www.books-up.ru/ru/10236726/	book/pharmacology-practical-m	ıanual-	
3 Mazurova, O. V. Pharmacology: guidelines for practi 1 / O. V. Mazurova, A. N. Sapoznikov, M. P. Markevich of Medicine, Ecology and Physical culture 2nd edition. : 1,07 M6) Ulyanovsk : UlSU, 2020 76	; Ulyanovsk State University, I - Электрон. текстовые дан. (1	nsitute I файл	
https://portal.ulsu.ru/course/view.php?id=87537 Режим доступа: Портал ЭИОС УлГУ Загл. с экрана Текст : электронный.			
4 Klets, O. P. Pharmacology. Workshop practice: учебное пособие / О. P. Klets, O. V. Antipina. — Иркутск: ИГМУ, 2019. — 47 с. — Текст: электронный // Лань: электронно-библиотечная система. — URL: https://e.lanbook.com/book/158778 5. Kogay L. V. Pharmacology: practical manual / L. V. Kogay, O. E. Vaizova, A. I. Vengerovsky Томск: Издательство СибГМУ, 2019 230 с Текст: электронный // ЭБС			
"Букап": [сайт] URL: https://www.books-up.ru/ru/book/pharmacology-practical-manual-10236726			
c) Educational and methodical literature			
1. Serov V. A. Educational and methodological guidelines work of students in the discipline «Clinical pharmacolog medicine» / V. A. Serov; Ulyanovsk State University. Неопубликованный ресурс; На	y" for the specialty 31.05.01 «G	General 12 p	

URL: http://lib.ulsu.ru/MegaPro/Download/MObject/11574 . - Режим доступа: ЭБС УлГУ. - Текст :

AGREED:

электронный.

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Appendix 2

b) Software

- 1) OS: Windows
- 2) Antivirus: DrWeb
- 3) Office Suite: Microsoft Office
- d) Professed data base, directory and search systems:

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the discipline		

Профессиональные базы данных, информационно-справочные системы

1. Электронно-библиотечные системы:

- 1.1. Цифровой образовательный ресурс IPRsmart : электронно-библиотечная система : сайт / ООО Компания «Ай Пи Ар Медиа». Саратов, [2024]. URL: http://www.iprbookshop.ru. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- Образовательная платформа ЮРАЙТ : образовательный ресурс, электронная библиотека : сайт / ООО Электронное издательство «ЮРАЙТ». Москва, [2024]. URL: https://urait.ru . Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- База данных «Электронная библиотека технического ВУЗа (ЭБС «Консультант студента») : электронно-библиотечная система : сайт / ООО «Политехресурс». Москва, [2024]. URL: https://www.studentlibrary.ru/cgi-bin/mb4x. Режим доступа: для зарегистрир, пользователей. Текст : электронный.
- 1.4. Консультант врача. Электронная медицинская библиотека: база данных: сайт / ООО «Высшая школа организации и управления здравоохранением-Комплексный медицинский консалтинг». Москва, [2024]. URL: https://www.rosmedlib.ru. Режим доступа: для зарегистрир, пользователей. Текст: электронный.
- Большая медицинская библиотека: электронно-библиотечная система: сайт / ООО «Букап». Томск, [2024]. URL: https://www.books-up.ru/ru/library/. Режим доступа: для зарегистрир. пользователей. Текст: электронный.
- 1.6. ЭБС Лань : электронно-библиотечная система : сайт / ООО ЭБС «Лань». Санкт-Петербург, [2024]. – URL: https://e.lanbook.com. – Режим доступа: для зарегистрир, пользователей. – Текст : электронный.
- ЭБС Znanium.com : электронно-библиотечная система : сайт / ООО «Знаниум». Москва, [2024]. - URL: http://znanium.com . – Режим доступа : для зарегистрир. пользователей. - Текст : электронный.
- КонсультантПлюс [Электронный ресурс]: справочная правовая система. / ООО «Консультант Плюс» - Электрон. дан. - Москва: КонсультантПлюс, [2024].
- eLIBRARY.RU: научная электронная библиотека: сайт / ООО «Научная Электронная Библиотека». – Москва, [2024]. – URL: http://elibrary.ru. – Режим доступа: для авториз, пользователей. – Текст: электронный
- 4. Федеральная государственная информационная система «Национальная электронная библиотека» : электронная библиотека : сайт / ФГБУ РГБ. Москва, [2024]. URL: https://нэб.рф. Режим доступа : для пользователей научной библиотеки. Текст : электронный.
- Российское образование : федеральный портал / учредитель ФГАУ «ФИЦТО». URL: http://www.edu.ru. – Текст : электронный.
- 6. Электронная библиотечная система УлГУ: модуль «Электронная библиотека» АБИС Мега-ПРО / ООО «Дата Экспресс». – URL: http://lib.ulsu.ru/MegaPro/Web. – Режим доступа: для пользователей научной библиотеки. – Текст: электронный.

Инженер ведущий Дом Щуренко Ю.В. 2024